

Ten Commandments in contemporary language

By Jason Marsh, October, 2011

- 1) Accept no “other” outside the Infinite – only God
- 2) Have no “image” (thought) but perfection – for self and others
- 3) Expect good, expect healing, don’t use God’s name if you don’t mean it – why pray if you don’t expect results?
- 4) Live in the Now- on the Sabbath and every day, hour, and minute
- 5) Love without prejudice (to age or bodily description, including parents)
- 6) Encourage others and yourself by not killing ideas -> bring positive energy into all your interactions/activities
- 7) Respect the sanctity of identity & body – for yourself and others (no body manipulation)
- 8) Acknowledge abundance for yourself
- 9) Be honest to yourself, and therefore others
- 10) Acknowledge abundance for others, humbly see that their good is included in your good

Note: first 3 relate to your relationship to God, 4th is a transition (both), and last 6 relate to your relationship with others.

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